



COUNTY OF SAN DIEGO

BOARD OF SUPERVISORS

1600 PACIFIC HIGHWAY, ROOM 335, SAN DIEGO, CALIFORNIA 92101-2470

AGENDA ITEM

DATE: March 1, 2016

03

TO: Board of Supervisors

SUBJECT: AGE WELL SAN DIEGO (DISTRICTS: ALL)

Overview

San Diego's population of people over 65 years of age is expected to increase by two-thirds within the next 15 years and will comprise 20% of the overall county population. In order to support those aging in our community, it is important we address safe and affordable housing, transportation for those unable to continue driving, as well as opportunities for older adults to remain involved and engaged in their communities. To further our efforts to serve the growing needs of older adults and all our citizenry, San Diego County has an opportunity to join the AARP Network of Age-Friendly Communities.

The County's *Live Well San Diego* efforts to create a healthy, safe and thriving community for all 3.3 million residents are closely aligned with the pillars of an Age-Friendly Community, specifically in the Thriving arena which also includes a focus on transportation, infrastructure, housing, civic participation, and community support and activities.

This year's Aging Summit will include a focus on Age-Friendly Communities and the *Live Well San Diego* Thriving regional plan, and will be used as a platform to educate older adults and community partners on these concepts as well as to enlist participation in the two-year planning and three-year implementation process.

While Age-Friendly communities are important, there is also a growing need for dementia-friendly communities. The Dementia Friendly America national initiative is a partnership with 35 national organizations to support persons affected by Alzheimer's disease and other related dementia.

Today's recommendations will direct the Chief Administrative Officer to submit a membership application to AARP California to join the AARP Network of Age-Friendly Communities and initiate planning activities, while also working with The Alzheimer's Project Roundtables, the San Diego Regional Chamber Healthcare Committee and other stakeholders to pursue San Diego County becoming a Dementia Friendly community partner.

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Recommendation(s)

VICE-CHAIRWOMAN DIANNE JACOB AND SUPERVISOR GREG COX

1. Direct the Chief Administrative Officer to apply to AARP California to join the AARP Network of Age-Friendly communities.
2. Direct the Chief Administrative Officer to identify key stakeholders to initiate the planning process, using the June 2016 Aging Summit as an opportunity to educate the community and enlist individual and community support.
3. Direct the Chief Administrative Officer to work with The Alzheimer’s Project Roundtables, the San Diego Regional Chamber Healthcare Committee and other stakeholders to pursue San Diego County becoming a Dementia Friendly America community partner.
4. Direct the Chief Administrative Officer to work with community partners and stakeholders to identify and seek funding to support these initiatives.

Fiscal Impact

There is no fiscal impact as a result of this action. There will be no change in net General Fund costs and no additional staff years.

Business Impact Statement

N/A

Advisory Board Statement

N/A

Background

San Diego County is currently home to approximately 436,000 older adults who are 65+ years of age. These individuals comprise 11% of the overall county population. By the year 2030, this number is anticipated to grow by two-thirds, to 732,572 or 20% of the total county population. This phenomenon is occurring across the nation and world, with one-in-five individuals anticipated to be 65+ across the country by 2030.

As a result of these changing demographics and concerns about the readiness of communities to serve this growing population, the World Health Organization and AARP have partnered to create a Network of age-friendly communities across the nation and world. The Network will serve as a catalyst to educate, encourage, promote and recognize improvements that can help make communities supportive for older adults and persons of all ages. Joining the Network also affords participating regions access to resources gathered from participating entities as well as from national and global research, planning models and best practices across the world. The effort involves a five year process, with the first two years devoted to planning and the latter three to implementation and evaluation.

Live Well San Diego is a regional vision adopted by the San Diego County Board of Supervisors in 2010 that aligns the efforts of County government, community partners and individuals to ensure all San Diego County residents are healthy, safe, and thriving. Many elements of the *Live*

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Well San Diego vision closely align with the age-friendly communities' eight domains of livability, most specifically those within the Thriving component focused on transportation, built environments, housing, civic participation, and community support and health services. The remaining age-friendly domains relate to social participation, respect and social inclusion and communication and information.

The County's Aging & Independence Services division of the Health and Human Services Agency hosts an Aging Summit every two years. In 2016, the theme will be focused on building an age-friendly and thriving community with presentations and workshops that will focus on different dimensions in an attempt to both educate older adults and enlist them in the planning and implementation process. Key community partners, including AARP, the San Diego Foundation and the University of California San Diego's Center for Healthy Aging, will help support these activities in our region.

While Age-Friendly communities are important, there is also a growing need for dementia friendly communities. The Dementia Friendly America national initiative is a partnership with 35 national organizations to support persons affected by Alzheimer's disease and other related dementia. This national initiative puts a focus on creating communities that are dementia-friendly in order to further the Board of Supervisors' Alzheimer's Project by focusing on improving housing, transportation, supports for caregivers and fostering the ability for older adults with dementia to remain safely at home and engaged in the community for as long as possible.

The Dementia Friendly America initiative includes four components: Convene, Engage, Analyze and Act. San Diego County, under the leadership of Supervisor Dianne Jacob, took the initiative to employ all four of these phases under The Alzheimer's Project by engaging leaders in Alzheimer's disease and other related dementia, elected officials, community leaders and stakeholders to do a region-wide gaps assessment to address the gaps in services and supports to become a dementia-friendly county. The Alzheimer's Project implementation plan outlines the areas that the region is addressing under the Cure Roundtable, Care Roundtable, Clinical Roundtable, Public Awareness and Education, Legislation and Funding.

Today's recommendations direct the Chief Administrative Officer to submit a membership application to AARP California to join the AARP Network of Age-Friendly Communities and initiate planning activities while working with The Alzheimer's Project Roundtables, San Diego Regional Chamber Healthcare Committee and other stakeholders to pursue San Diego County becoming a Dementia Friendly America community partner.

Linkage to the County of San Diego Strategic Plan

This action supports the regional *Live Well San Diego* vision by moving planning efforts forward to ensure that seniors and our most vulnerable citizens with Alzheimer's disease and other related dementia are able to remain safely at home for as long as possible.

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Respectfully submitted,

DIANNE JACOB
Supervisor, Second District

GREG COX
Supervisor, First District

ATTACHMENT(S)
N/A

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AGENDA ITEM INFORMATION SHEET

REQUIRES FOUR VOTES: Yes No

WRITTEN DISCLOSURE PER COUNTY CHARTER SECTION 1000.1 REQUIRED
 Yes No

PREVIOUS RELEVANT BOARD ACTIONS:

May 6, 2014 (5), Launching The Alzheimer’s Project; December 2, 2015 (1), The Alzheimer’s Project: A Call to Arms; October 28, 2014 (11), Development of a Rating System for Residential Care Facilities for the Elderly Status Report; August 5, 2014 (9), Long-Term Care Ombudsman Program Status Update; March 11, 2014 (6), Facing the Silver Tsunami: Improving Oversight of Long-Term Care Residential Facilities, March 11, 2014, (5) District Attorney – Special Prosecution Unit for Long Term Residential Care Facilities for the Elderly and Skilled Nursing Facilities.

BOARD POLICIES APPLICABLE:

N/A

BOARD POLICY STATEMENTS:

N/A

MANDATORY COMPLIANCE:

N/A

ORACLE AWARD NUMBER(S) AND CONTRACT AND/OR REQUISITION NUMBER(S):

N/A

ORIGINATING DEPARTMENT: Supervisor Dianne Jacob and Supervisor Greg Cox

OTHER CONCURRENCES(S): N/A

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